

Here are some of the free services provided in the Volunteer Centre:

- Match Volunteers to local opportunities
- Promote Organisation

PVG Disclosures Scotland assistance

- Good practice and policy support for organisations
- •Saltire Award registrations and support
- Volunteer Friendly guidance for Organisations
- Highland VolunteerAwards

# Caithness Volunteer Section at CVG Summer Edition 2018

## **About the Volunteer Centre**

This newsletter focuses on volunteering support within Caithness Voluntary Group [CVG] is a charity and part of the Highland Third sector Interface. It delivers a range of services to support groups and individuals in Caithness.

If you want to volunteer or if you are looking for volunteers for your Group then this is the place to contact. Please feel free to contact: Catherine Patterson, Volunteer Development Officer, Telford House, Williamson Street, Wick, KW1 5ES.

Find out about volunteering here!

Tel: <u>01955 609968</u>

Email: volunteering@cvg.org.uk

Website: www.cvg.org.uk



# Thurso RNLI looking for volunteers

Thurso RNLI fundraising group working at Thurso Lifeboat station are appealing for new volunteers to join the team. Would you be prepared to take on one of the following roles?

- Branch Chairperson to motivate the team.
- Treasurer to deal with financial transactions.
- Fundraising volunteer for those wanting to be a team player rather than taking on a leading role

Full training and support will be given to new volunteers.

You could save a life without getting your feet wet! Contact Anne\_scott@rnli.org.uk

# **PVG Disclosure Support offered at CVG**

If you have a query about PVGs or need any support to access certificates for your organisation, get in touch and we can help smooth the way.

# **Highlands & Islands Enterprise Staff Volunteer at Castlehill Heritage Centre**

Six staff from Highlands & Islands Enterprise [HIE] got out of the office last week to volunteer their time to help at Castlehill Heritage Centre in Castletown as part of Employer Supported Volunteering. HIE leads the way in supporting community initiatives by encouraging staff to volunteer in the local community supporting many good causes. The event was organised by Catherine Patterson, Volunteer Development Officer at Caithness Voluntary Group HTSI, who liaised between HIE and the heritage centre to coordinate the volunteering day. Staff rolled up their sleeves and armed with paintbrushes painted display items including a boat in the walled garden and guttering around the centre. Glorious weather helped make the task more enjoyable. Muriel Murray, a volunteer at Castlehill Heritage centre was delighted with the support offered by the HIE volunteers and said "many hands make light work of tasks, this is wonderful, many thanks".



Lauren Simpson, Laura Gunn, Lizi Blackwood, Keith Muir, Karen Gunn and a couple of young helpers getting ready to start.

Laura Gunn & Keith Muir getting into tricky corners



Everyone hard at work in the beautiful surroundings of the walled garden at Castlehill Heritage centre.

#### FUNDING & TRAINING FOR ORGANISATIONS

#### **FUNDING OPPORTUNITY**

## Youth Music Initiative - Training and Continuing Professional Development Fund

The Youth Music Initiative CPD fund re-opened on Monday 25th June 2018. Funding is available to individuals and organisations.

The fund supports individuals, organisations and networks who work outwith school settings to undertake training and continuing professional development that will strengthen youth music in Scotland for the benefit of young people. It is open to music freelancers and organisations working with young people both in and out of school settings. The types of activity that can be considered are: short-term or one-off training courses, conferences, master-classes, mentoring and any other relevant experiences which develop skills and confidence; private tuition that will lead to improved skills; new and innovative approaches that improve engagement in high-quality music-making activities.

Next deadline: 31st March 2019

Maximum award: £5,000

#### **The Elephant Trust**

The next round for Trust applications closes on 8 October 2018.

Priority is given to artists in the fine arts and small organisations and galleries who should submit well argued, imaginative proposals for making or producing new work or exhibitions.

Next deadline: 8th October 2018

Maximum award: £5,000

# **Good Practice Supporting & Retaining Volunteers**

Your Organisation can access free one-to-one support to help recruit and support volunteers in your organisation. An opportunity to update existing procedures and look at ways to improve the volunteer experience.

The local coordinator will provide one-to one training tailored to your organisation's needs. For more information contact Catherine 01955 609968 or email <a href="mailto:volunteering@cvg.org.uk">volunteering@cvg.org.uk</a>

In addition CVG offers a range of office services including photocopying. Also advice on governance, funding, training and PVG disclosure support to the local community, if unsure just get in touch we are happy to help.

# **Volunteering Opportunities**

# Scottish Fiddle & Accordion Club

Are looking for a volunteer secretary to assist with the running of the club. They meet once a month from September-May in the Pentland Hotel Thurso. Volunteers do not need to play a musical instrument only a willingness to help support the Group.

#### **Lyth Arts Centre**

## Catering volunteer

An opportunity to help with Tea/coffee/nibbles and refreshments or interacting with the public an at Lyth Arts Centre. Flexible hours can be



# DESK SPACE FOR RENT AT CVG

Attention all organisations, an opportunity to rent office space at Telford House, Wick.
Competitive rents that cover all building costs with a filing cabinet and WIFI also included.
Free use of a separate meeting room [subject to availability] for

more information contact Allan Tait at allan@cvg.org.uk.

Don't Miss out get in touch now.

If anyone or any organisation would like to submit an article or volunteer opportunity for the next newsletter, please get in touch! (Details below)

Catherine Patterson <u>volunteering@cvg.org.uk</u>

Telford House <u>www.cvg.org.uk</u>

Williamson Street Opening hours Monday-Thursday 9am -5pm

Wick, KW1 5ES Tel: 01955 609968